

The Renegade Runner

May 30, 2009

Monthly Meeting

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Race Results

Race Name	Date	Dist	Name	Sex	BIB	OvPI	SexPI	AgePI	Time	Pace
Alley Pond 5 Mile Challenge	04/26/09	5.0								
			Vincent Morton	M52		7	7	3	0:33:51.8	6:46
			Marc (Diamond) Smith	M28		9	9	1	0:34:09.8	6:49
			Arthur Vendryes	M40		10	10	1	0:34:11.9	6:50
			Len Richards	M47		16	15	3	0:35:28.5	7:05
			Pernell Duncan	M24		22	20	1	0:36:14.3	7:14
			Philip Brown	M53		26	23	6	0:36:33.3	7:18
			David Hamilton	M42		37	32	6	0:38:07.7	7:37
			Cintha Sandoval	F24		47	6	2	0:39:36.0	7:55
			Andrea Pryce	F38		56	9	1	0:40:33.5	8:06
			Erol Richards	M59		57	47	4	0:40:43.8	8:08
			Anthony Riojas	M20		80	63	4	0:42:56.0	8:35
			Katy Dockery	F16		88	21	1	0:43:47.4	8:45
			Dino Riojas	M55		131	92	11	0:48:26.1	9:41
			Nelisa Roach	F25		155	48	11	0:50:48.6	10:09
Long Island Half Marathon	05/03/09	13.1								
			Terrence Baptiste	M25	15909	13	13	5	1:18:54	6:02
			Len Richards	M47	15423	195	173	19	1:36:35	7:23
Mother's Day 4 Mile	05/11/09	4.0								
			Cintha Sandoval	F24	1572	401	51	9	0:28:50	7:12
Healthy Kidney 10K	05/16/09	6.2								
			Francois Michel	M34	1462	621	553	122	0:42:44	6:53
Forest Park Classic	05/17/09	4.0								
			Arthur Vendryes	M40		16	16	8	0:25:36	6:24
			Vincent Morton	M52		18	18	2	0:26:10	6:33
			Marc (Diamond) Smith	M28		23	23	2	0:26:24	6:36
			Len Richards	M47		29	28	13	0:27:00	6:45
			Pernell Duncan	M24		33	32	4	0:28:05	7:01
			Cintha Sandoval	F24		34	2	1	0:28:06	7:02
			David Hamilton	M42		37	35	15	0:28:36	7:09
			Anthony Riojas	M20		56	47	6	0:31:04	7:46
			Dino Riojas	M55		112	80	16	0:36:47	9:12
			Nelisa Roach	F25		120	33	7	0:37:41	9:25
			Howard Hylton	M47		133	93	35	0:39:37	9:54
AHA Wall St Run	05/19/09	3.0								
			Cintha Sandoval	F24	8144	440	39	6	0:21:11	7:03

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Committee Report

- President
 - A) Outstanding items
 - B) Open Floor

- Vice President
 - A) Club banner and table setup during race days
 - B) Suggested local races Floral Park 5K (5/31/09); Father's Day Race (6/21/09)
 - C) Encourage long distance training in Alley Pond.

- Treasurer
 - A) Updates/Status on the Not for Profit Incorporation for Renegade Runners Club & getting the EIN.

- Social Chairman
 - A) Suggested Club Social Activities (Location & Time)