



Renegade Runners Club
Monthly Meeting
Saturday, May 29, 2010
114-64 Merrick Blvd
Jamaica, New York 11434
Race Results



Race Name	Date	Dist	Name	Sex	BIB	OvPI	SexPI	AgePI	Time	Pace
Alley Pond 5 Mile Challenge	04/25/10	5.0								
			Marc (Diamond) Smith	M26		4		1	0:32:01	6:24
			Winthrop Jacobs	M54		11		2	0:33:51	6:46
			Len Richards	M48		13		2	0:34:12	6:50
			Arthur Vendryes	M41		17		1	0:34:39	6:55
			Philip Brown	M54		21		4	0:35:45	7:09
			Cinthy Sandoval	F25		23		2	0:36:02	7:12
			Elik Hirsch	M37		26		5	0:36:46	7:21
			Anthony Riojas	M21		34		1	0:37:54	7:34
			Letisha Jenkins	F26		73		3	0:44:00	8:48
			Nelisa Roach	F26		88		5	0:45:47	9:09
More Half Marathon	04/25/10	13.1								
			Maria Romano	F52	Pacer	4580	4574	270	2:38:05	12:04
			Myrian Rangon	F42	Pacer	4904	4904		2:44:13	12:32
Long Island 10K	05/02/10	6.2								
			Cinthy Sandoval	F25	10037	37	4	3	0:43:55	7:05
			Nelisa Roach	F26	10546	260	78	19	0:55:26	8:56
Long Island Half Marathon	05/02/10	13.1								
			Len Richards	M48	17990	157	137	15	1:36:04	7:22
Mother's Day 4 Mile	05/09/10	4.0								
			Maria Romano	F52	4448	1823	637	21	0:34:35	8:38
			Myrian Rangon	F42	Walk	3909	2083	244	0:44:02	11:00
Forest Park Classic	05/16/10	4.0								
			Marc (Diamond) Smith	M29		15	15	6	0:25:00	6:15
			Winthrop Jacobs	M54		22	21	4	0:25:38	6:25
			Len Richards	M48		32	31	7	0:26:58	6:45
			Francois Michel	M35		38	37	6	0:27:46	6:57
			Cinthy Sandoval	F25		41	2	1	0:28:10	7:03
			Anthony Riojas	M21		49	45	10	0:29:14	7:19
			Pernell Duncan	M25		62	57	15	0:30:07	7:32
			Andrea Pryce	F39		70	8	2	0:30:48	7:42
			Nelisa Roach	F26		125	25	12	0:35:15	8:49
			Myrian Rangon	F42		130	27	3	0:35:27	8:52
			Dino Riojas	M56		156	115	21	0:38:10	9:33
			Howard Hylton	M48		168	123	34	0:39:09	9:47
Brooklyn Half Marathon	05/22/10	13.1								
			Anthony Riojas	M21	3637	2567	1843	94	1:53:15	8:38
			Maria Romano	F52	7709	4619	1873	29	2:07:15	9:42
			Dino Riojas	M56	7703	6331	3259	98	2:27:55	11:17
Floral Park 5K	05/22/10	3.1								
			Myrian Rangon	F42	899	135		7	0:25:40	8:18
Uncle Yuddy Walk	05/23/10	3.1								
			Myrian Rangon	F42	Walk	1	1	1	0:34:19	11:03
			Dino Riojas	M56	Walk	2	1	1	0:35:00	11:16

Committee Report

* President

- A) Club Announcements
- Other matters

* Vice President

- A) Club race results
- B) Membership cards, (Membership dues for 2010)

* Secretary

A) Upcoming races

- 05/30/10, Sun, 10:30 am, L'Chaim 5K Run Walk for Israel (Cunningham Park Area)
- 06/06/10, Sun, 8:00 am, Japan Run 4 Mile (Central Park)
- 06/06/10, Sun, 10:00 am, Ken Dolan Memorial 5K (Prospect Park)
- 06/12/10, Sat, 9:00 am, New York Mini 10K (Women Only) (Central Park)
- 06/13/10, Sun, 9:00 am, Team Brickwell 5K (Kissena Park)
- 06/13/10, Sun, 9:00 am, New Hyde Park 8K (4.97 Miles) (New Hyde Park)
- 06/20/10, Sun, 8:30 am, Prostate Cancer 5 Mile (Central Park)
- 06/26/10, Sat, 9:00 am, Front Runners 5 Mile (Central Park)
- 06/27/10, Sun, 8:30 am, Hope and Possibility 5 Mile
- 06/27/10, Sun, 9:30 am, Coney Island Sports Foundation 5K (Coney Island)

* Club Coach

- A) Eisenhower Park Summer Series Training