



**Renegade Runners Club**  
**Monthly Meeting**  
**Saturday, June 26, 2010**  
**114-64 Merrick Blvd**  
**Jamaica, New York 11434**  
Race Results



Race Name	Date	Dist	Name	Sex	BIB	OvPI	SexPI	AgePI	Time	Pace
L'Chaim 5K Run for Israel	05/30/10	3.1								
			Terrence Baptiste	M26	1340	1		1	0:17:51.9	5:45
			Anthony Riojas	M21	1320	21		1	0:23:17.0	7:30
			Myrian Rangon	F42	1276	40		1	0:26:22.2	8:29
			Dino Riojas	M46	Walk	107		7	0:34:11.2	11:00
Yes for Canine 5K	05/30/10	3.1								
			Maria Romano	F52	470	30		3	0.0190625	8:50
15th Annual Bayville 5K Run	06/05/10	3.1								
			Len Richards	M49		6		1	0:20:33.7	6:38
			Marlon Joseph	M55	APS	16		1	0:22:03.4	7:06
			Anthony Riojas	M21		24		1	0:23:19.5	7:31
			Myrian Rangon	F42		52		5	0:26:33.9	8:34
			Maria Romano	F52		63		1	0:28:16.9	9:07
			Dino Riojas	M56	Walk	100		6	0:35:39.1	11:29
Kenneth Dolan 5K (Racewalk)	06/06/10	3.1								
			Dino Riojas	M56	Walk	3	3		0:35:02	11:16
Lexington Run 5K	06/12/10	3.1								
			Maria Romano	F52		49		2	0:26:57	8:40
New York Mini 10K	06/12/10	6.2								
			Myrian Rangon	F42	1563	2200	2200	238	0:57:43	9:18
11th Annual Team Brickwell 5K	06/13/10	3.1								
			Cintha Sandoval	F25		17	2	1	0:21:56.5	7:04
			Anthony Riojas	M21		27		2	0:23:06.9	7:26
			Dino Riojas	M56		72		9	0:29:12.9	9:24
New Hyde Park 8K Run	06/13/10	5.0								
			Nelisa Roach	F26		118		5	0:43:13	8:42
Father's Day 5 Mile	06/20/10	5.0								
			Francois Michel	M35	468	349	341	66	0:33:56	6:47
			Len Richards	M48	929	398	386	38	0:34:25	6:53
			Anthony Riojas	M21	2482	1464	1305	66	0:40:57	8:11
			Myrian Rangon	F42	3447	2377	418	40	0:44:43	8:56
			Dino Riojas	M56	4468	3794	2772	158	0:51:35	10:19
			Maria Romano	F52	4476	4890	1633	77	1:03:43	12:44
Long Island 4 Mile Championship (Racewalk)	06/26/10	4.0								
			Dino Riojas	M56	Walk	1	1		0:45:12.8	11:19
			Maria Romano	F52	Walk	3	2		0:46:36.2	11:40

## Committee Report

### \* President

- A) Club Announcements
- Other matters

### \* Vice President

- A) Club race results
- B) Membership cards, (Membership dues for 2010)

### \* Secretary

#### A) Upcoming races

- 07/04/10, Sun, 9:00 am, Bellmore Independence Day 4 Mile (Bellmore)
- 07/10/10, Sat, 9:00 am, Dash and Splash 10K (Central Park)
- 07/17/10, Sat, 9:00 am, Run for Central Park 4 Mile (Central Park)
- 07/17/10, Sat, 9:00 am, Arrow Exterminating Women's 5K (Women Only) (Farmingdale)
- 07/18/10, Sun, 9:15 am, Thunder Run 5K (Hidden Ponds Park, Hauppauge)
- 07/24/10, Sat, 7:00 am, Queens Half Marathon (Flushing Meadows Corona Park)

### \* Club Coach

- A) Eisenhower Park Summer Series Training