

**Renegade Runners Club**  
**Monthly Meeting**  
**Saturday, August 29th, 2009**  
**114-64 Merrick Blvd**  
**Jamaica, New York 11434**  
*Race Results*

Race Name	Date	Dist	Name	Sex	BIB	OvPI	SexPI	AgePI	Time	Pace
Rock n Roll Chicago Half Marathon	08/02/09	3.1								
			Cintha Sandoval	F24	2156	609	114	24	1:37:03	7:24
LIRRC Summer Series 5K (Week 14)	08/05/09	3.1								
			Marc (Diamond) Smith	M27		6		1	0:19:12	6:11
			Vincent Morton	M52		12		2	0:19:51	6:24
			Arthur Vendryes	M41		18		3	0:20:12	6:31
			Pernell Duncan	M25		28		3	0:21:53	7:03
			Letisha Jenkins	F25	RuffK	69		2	0:25:56	8:21
			Nelisa Roach	F25		98		3	0:27:32	8:52
			Howard Hylton	M48		105		9	0:27:57	9:00
NYRR Team Championships	08/08/09	5.0								
			Francois Michel	M34	2070	269	269	43	0:31:47	6:21
LIRRC Summer Series 5K (Week 15)	08/12/09	3.1								
			Marc (Diamond) Smith	M27		13		2	0:19:08	6:10
			David Hamilton	M42		35		4	0:21:15	6:51
			Anthony Riojas	M20		46		6	0:22:00	7:05
			Pernell Duncan	M25		49		4	0:22:27	7:14
			Nelisa Roach	F25		95		4	0:26:33	8:33
NYC Half Marathon	08/16/09	13.1								
			Anthony Riojas	M20	8681	4810	3029	149	2:06:32	9:40
			Myrian Rangon	F41	Walk	8517	4001	383	2:31:34	11:35
			Dino Riojas	M55	Walk	9264	4761	179	2:41:32	12:20
LIRRC Summer Series 5K (Week 16)	08/19/09	3.1								
			Marc (Diamond) Smith	M27		9		2	0:19:10	6:11
			Pernell Duncan	M25		19		4	0:21:05	6:47
			Cintha Sandoval	F25		21		1	0:21:11	6:49
			Charles Weeks	M45	RuffK	42		5	0:23:38	7:37
			Letisha Jenkins	F25	RuffK	58		4	0:25:31	8:13
			Nelisa Roach	F25		79		6	0:27:19	8:48
			Howard Hylton	M48		90		11	0:28:28	9:10
			Marcus Hylton	M13		106		6	0:29:37	9:32
LIRRC Summer Series 5K (Week 17)	08/26/09	3.1								
			Marc (Diamond) Smith	M27		11		2	0:18:53	6:05
			Winthrop Jacobs	M53		17		1	0:19:48	6:23
			Len Richards	M47		23		1	0:20:00	6:27
			David Hamilton	M42		33		4	0:20:54	6:44
			Cintha Sandoval	F25		34		1	0:21:00	6:46
			Pernell Duncan	M25		39		5	0:21:22	6:53
			Charles Weeks	M45	RuffK	61		7	0:23:09	7:28
			Anthony Riojas	M21		63		7	0:23:18	7:30
			Letisha Jenkins	F25	RuffK	105		4	0:25:52	8:20
			Nelisa Roach	F25		114		5	0:26:32	8:33
			Howard Hylton	M48		136		18	0:27:55	8:59
			Marcus Hylton	M14		155		2	0:29:03	9:21

## ❖ Committee Report

- President
  - A) Overview of recent club races
  - B) Member(s) requesting uniforms
  - C) Election to be held on November 28<sup>th</sup> 2009
  
- Vice President
  - A) Renegade Runners Logo/Slogan/Motto
  - B) Non-Members can race NYRR Team Championships race for 2010.
  - C) Structured training schedule for 2010.
  
- Treasurer
  - A) Overview of financial statement
  - B) Collection pertaining to August 22<sup>nd</sup> picnic
  
- Social Chairman
  - A) Overview of last weeks picnic
  - B) Updates on the camping/hiking trip/ upcoming races

-Location & Time (TBD)

## Breaking News

- The IAAF has confirmed that they have run tests for Mokgadi Caster Semenya (South African runner) and are expecting the results in a couple of weeks.
- Paula Radcliff decided not to compete in the Berlin 2009 World Championship marathon
- The Jamaican sprint star, Usain Bolt said he would like to try the long jump some day.

## Q & A