



**Renegade Runners Club**  
**Monthly Meeting**  
**Saturday, August 28, 2010**  
**114-64 Merrick Blvd**  
**Jamaica, New York 11434**  
Race Results



Race Name	Date	Dist	Name	Sex	BIB	OvPI	SexPI	AgePI	Time	Pace
LIRRC Eunice Harris Tribute 5K	08/04/10	3.1								
			Nelisa Roach	F26	493	81		3	0:26:35.4	8:35
Bronx Half Marathon	08/15/10	13.1								
			Len Richards	M48	597	367	347	26	1:35:01	7:15
			Maria Romano	F52	5604	3700	1268	32	2:13:32	10:11
			Myrian Rangon	F42	Volun	3934	1412		2:17:26	10:29
			Dino Riojas	M56	Walk	4780	2838	122	2:40:43	12:16
LIRRC Summer Series 5K	08/18/10	3.1								
			Cinthy Sandoval	F26	64	28		1	0:21:42.1	7:00
			Letisha Jenkins	F26	65	69		4	0:25:07.2	8:06
			Nelisa Roach	F26	1055	80		5	0:26:03.0	8:24
			Howard Hylton	M49	66	100		5	0:27:24.1	8:50
			Nabila Belgrave	F35	65	113		9	0:29:02.0	9:22
			Sharon Locker	F41	1069	114		4	0:29:05.2	9:23
Battle of Brooklyn 10 Miler	08/22/10	10.0								
			Cinthy Sandoval	F26	612	79		5	1:17:16	7:44
			Nelisa Roach	F26	585	344		47	1:35:08	9:31
			Latasha Burnett	F32	113	545		106	1:48:38	10:52
LIRRC Summer Series 5K	08/25/10	3.1								
			Marc (Diamond) Smith	M28	1124	4		1	0:19:05.1	6:09
			Winthrop Jacobs	M54	1143	10		1	0:19:45.7	6:22
			Arthur Vendryes	M42	161	14		2	0:20:54.2	6:45
			Cinthy Sandoval	F26	165	21		1	0:21:23.7	6:54
			Isaiah (Ike) Goodman	M64	1123	22		1	0:21:24.4	6:54
			Charles Weekes	M46	RUFFK	34		4	0:22:49.0	7:22
			Letisha Jenkins	F26	1120	76		4	0:26:03.7	8:24
			Latasha Burnett	F32	1122	87		3	0:26:44.6	8:37
			Howard Hylton	M49	162	89		6	0:26:50.0	8:39

Committee Report

\* Vice President

A) Club race results

\* Secretary

A) Upcoming races

08/29/10, Sun, 9:00 am, F.A.I.O. Help Fight Drug Abuse 5K, Astoria

09/11/10, Sat, 9:00(men)/10:00(women), Fitness Games 4 Mile, Central Park

09/19/10, Sat, 7:00 am, NYC Marathon Tune-up 18 Mile

\* Club Coach

Fall Training/Speedwork

\* President

A) Club Announcements

Club Picnic Overview